Author: John E. Fetzer

Date: 1991-02-13

Category: JEF Speeches and Articles

REVIEW OF PAST REMARKS

by

John E. Fetzer

February 13, 1991

Honolulu

A number of years ago I had a heart attack. A young physician blithely told me that I would have a second heart attack within a year and probably it would prove fatal. I said "I beg your pardon young man, that is not my style. My belief system won't accommodate that." Where upon I gave him an elementary exercise on biofield energy medicine. That probably did me more good than it did him because I don't think he heard me.

But the truth is I <u>recognized</u> the necessity for change and immediately inaugurated a program of positive energy. I took myself in hand knowing that the proper use of energy is the application of a dynamic force-field which, in its function, describes and prescribes a state of health. I took full responsibility for my recovery. I began to advance confidently and build castles. Dreams are necessary to fulfillment.

I mustered up a program that had "wellness" spelled all over it. I wanted to believe that recovery was possible. I altered my lifestyle. I discovered that the quality of life must be changed and that I had to fight off fear, depression, hopelessness, panic and despair and infuse a constant stream of positive affirmations. Faith, confidence, laughter, creativity and picturization became the order of the day. Well, since I am still here, you can see that I have declined to participate in the young physicians' prognostication! And may I add as a footnote that this experience has helped me to understand why I have been on this planet for almost 90 years.

The second lesson I have learned from that is I was living a fundamental part of the institute's mission. We have been searching for new ways to health, and how to take personal responsibility for healing. Believe me, I have had lots of practice. I think I can say with candor that this personal experience has helped to solidify my understanding of our institute's mission.

You have often heard me say that the institute will seek to develop a program of research and education in the <u>long term</u>, consisting of partnerships in resources, alliances in scientific global networking, and a free exchange of scientific data. Research and service are final steps which produce the knowledge to share. Much of this lies in the future and must become the consequence of evolutionary development.

Einstein correctly pointed out that a paradox can never be solved on the same level from which it was created. There is an enormous wealth of data waiting to be brought together. We would like to think that our effort will effectively address these issues over a period of time.

Suffice it to say, I have long held the view that energy scientific research that is not accompanied by spirit is suspect. That kind of output will be covered with dust on library shelves. I must tell you that I was greatly fortified in my viewpoint when I read the following quote from Einstein. "The most beautiful and most profound emotion we can experience is the mystical. It is the source of all true sciences."

I am most thankful that we have a board of trustees and the nucleus of a staff that is willing to move forward on this agenda by sharing in the intuitive process. In order to do this, the institute should strive toward achieving a common goal, a united effort, a clear focus, a family consciousness, a oneness in motivation, living life and doing work with enthusiasm, accepting that which is and working within the law of acceptance to move into greater places of clarity and understanding. These are things the institute can do, individually and collectively, as it goes about striving to achieve its goals in the world of education and research and service.

I am sure that as you listen you will hear the ring of truth, first and foremost, trying to create a community of freedom within the institute, which is based upon freedom of consciousness, freedom of the individual, freedom of movement, freedom of thought, freedom of development and freedom of expression, which will allow the institute to succeed in its mission to find balance, within and without, in the educational process. It is up to the collective group of trustees and staff to begin to understand that it must help develop that process. In the years past with the development of this nation, it wasn't one individual, it was the collective group sitting and coming to agreement that created the beginning of this great country. So now, the institute through the group must come together and make a settlement within themselves as to a sense of participation, in the pursuit of this agenda.

Over a period of time, if a greater liberation to find balance is to manifest upon this planet, this freedom must first manifest. The liberation on the individual level only manifests when one cries out for freedom. Free me of these bonds, of these chains. Free me of these pains, these anguishes, free me and bring me into that place of loving. When one calls out in such a way the consciousness of liberation is stirred within, as well as without, and liberation becomes reality. This is how the liberating action begins to free one of the downward turns in a spiral of consciousness and brings one up into the higher focus, back into your higher self. It is here you will find the answers to the final definition of the institute's purpose in accordance with the agenda we have put in place.

I believe there is a certain consciousness of synthesis that brings forth a light that some refer to as the "avatar symmetry" that is here, ready to assist all who are connected with the institute to delineate its mission. Remember, whatever the final verdict turns out to be, its summary will be "unconditional love". That is our avatar of the future, because love is the unifying energy field that mobilizes the physical, emotional, mental and spiritual resources in the caring and sharing with one another.